

DAILY ROUTINE

EVERY MORNING I GET UP AT SIX O'CLOCK, I USUALLY GO INTO THE BATHROOM AND I WASH MY FACE, THEN (poi) I HAVE BREAKFAST, I SOMETIMES HAVE MILK AND BISCUITS FOR BREAKFAST. AFTER (dopo) BREAKFAST I BRUSH MY TEETH AND I GET DRESSED (mi vesto). I USUALLY WEAR (indosso) A T-SHIRT AND TROUSERS. I COMB MY HAIR (mi pettino), I TAKE MY RUCKSACK AND I GO TO SCHOOL BY BUS/CAR/BIKE – ON FOOT (a piedi). WHEN THE BELL (la campana) RINGS (suona) I GO INTO THE SCHOOL. AT SCHOOL I ALWAYS STUDY DIFFERENT SCHOOL SUBJECTS: ITALIAN, ENGLISH, MATHS AND SO ON (ecc..). AT ELEVEN O'CLOCK THERE ARE TEN MINUTES BREAK, I HAVE A SNACK, I USUALLY HAVE A CROISSANT – FRUITS – CRISPS... AFTER THE BREAK I STUDY AGAIN (ancora) AND AT TWO p.m. O'CLOCK I GET HOME. I HAVE LUNCH, I OFTEN HAVE PASTA FOR LUNCH, AFTER LUNCH I CHILL OUT (mi rilasso), I WATCH TV, I LISTEN TO MUSIC, I USE MY PHONE, I PLAY WITH MY GAME CONSOLE... IN

THE AFTERNOON I DO MY HOMEWORK. EVERY TUESDAYS AND WEDNESDAYS I PLAY TENNIS / BASKETBALL / FOOTBALL / RUGBY / VOLLEYBALL – I DO KARATE – I GO SWIMMING. I HAVE A SHOWER AND I HAVE DINNER WITH MY PARENTS. AFTER DINNER I ORGANIZE MY SCHOOL MATERIALS (organizzo il mio materiale scolastico), THEN I WATCH TV / I USE MY PHONE / I PLAY WITH MY BROTHER / I WALK THE DOG (porto fuori il cane)/ I PUT THE RUBBISH OUT (porto fuori la spazzatura) / I GO OUT WITH MY FRIENDS (esco con i miei amici) / I DO THE WASHING UP (lavo i piatti) AT ELEVEN p.m. I GO TO BED AND I READ A BOOK / I WATCH TV / I TEXT WITH MY FRIENDS (chatto con i miei amici con il cellulare) IN BED BEFORE SLEEPING.

